A Special Remembrance of Professor Man-Fong Mei
梅万方教授
1946-2014

Professor Man-Fong Mei (梅万方教授), a pioneer in Chinese Medicine and East West integration, passed away from a sudden heart attack on 8th January, 2014

THE INSPIRATIONAL LIFE OF PROFESSOR MAN FONG MEI

Professor Man Fong Mei was born in the small village of Taishan in Guangdong, China in 1946 and spent his adolescent years living in Hong Kong. At the age of 16 he moved to London and studied Physics at Kings College, London. He was determined to dedicate himself to integrating into British life and married Swiss born, Monika Mei, and had three children. He became passionate about spreading ideas from his homeland to the West and founded EAST ASIA BOOKS & ARTS in London, selling books on East Asian art and philosophy.

With his scientific background, Professor Mei took a special interest in the field of medicine and channelled his passion for East-West exchange into the promotion of acupuncture and Chinese medicine in the UK. In 1972 he founded ACUMEDIC LTD to pioneer the sale of acupuncture equipment and academic books on the subject.

Professor Mei invented the world’s first disposable traditional acupuncture needle at a time when the practice of acupuncture with reusable needles began to generate controversy spurred by hepatitis B cross-infection and the risk of AIDS and HIV infections. This invention revolutionised Chinese Medicine. Professor Mei went on to design amongst the first micro-processor electro-acupuncture and TENS apparatuses that further changed the face of Chinese Medicine.
Prof Mei’s Key development in TCM Education & Practice

- **In 1982**, opened the world renowned **ACUMEDIC CLINIC** in London, offering clinical services to the general public. The clinic was an immediate success, attracting prestigious patients such as the late Princess Diana and other leading figures. It continues to be a flagship clinic for Chinese Medicine in Europe treating over 50,000 patients since opening. [http://acumedic.com]

- **In 1992**, founded the **Chinese Medical Institute and Register (CMIR, UK)**, in association with the Beijing University of Chinese Medicine and leading academic institutions in China, dedicated to pushing forward higher standards in Chinese medicine and to offer a range of academic courses and qualifications in syndrome acupuncture and Chinese Medicine for doctors and healthcare professionals. Over 300 doctors and healthcare professionals have graduated from CMIR courses, providing a strong base for the future development of Chinese medicine in UK [www.cmir.org.uk].

- **In recent years**, founded **CHINALIFE** in London offering a unique Chinese cultural activities on knowledge of Chinese Tea and herbal tonics; TCM related life-style harmonisation and its relation to quantum physics; his artistic roots with poems and about to publish his first book of poetry. [http://www.chinalifeweb.com/contact/]

Influence over TCM course development in UK

Key incidents in UK from 1992 to present:

1992 – My return from Hong Kong to take up the Director post at Liverpool School of Pharmacy after 11 years at the Chinese University of HK Faculty of Medicine allowed me to witness a rapid development of TCM in UK: Successful RCT of 10 CMM herbal formula for Atopic Eczema, published in Brit. J. Dermatology and met Prof Mei.

1992-1996* – Merging of TCM/Acupuncture private Associations, Colleges, Institutes & Registrars as self-accredited bodies; CMIR (UK); British College of Acupuncture, Chung San Institute of Acupuncture & TCM practice etc.

1997** – First university run degree course in TCM was established at the Middlesex University, London linked with Beijing University of TCM; I, while directing the Pharmacy School in Liverpool, appointed as Visiting Professor to develop TCM curriculum in English, received enormous help and TCM activities in UK from Prof Mei’s experience.

2006 – Establishment of UK-CGCM stimulates inputs from Prof Mei’s CMIR of UK experience into the TCM Education arena of the CGCM meetings and vice versa.


Report on CMIR Activities Aug 2012-Aug 2013*

1. Promoting the globalisation and modernisation of Chinese medicine by advancing the standards of clinical practice, education and research.

2. On 20th April 2013, together with the Chinese Medical Council (CMC), the CMIR organised a conference centering on the regulation of Chinese medicine and latest developments in clinical research.

3. Professor Mei, Chairman of the CMIR, conducted a seminar at the Basel University on 22-23rd June 2013, he also led the CMIR China Medical Trip in October 2012, visiting the Beijing University of Chinese Medicine and the Dongfang Hospital in Beijing.


5. For full details and reports of the above events and to keep up to date of the latest activities of the Chinese Medical Institute and Register (CMIR), please visit cmir.org.uk, as well as professional Courses website visit acumedic.com

* Slide from Prof Ian Sutherland - Co-Chair of UK-CGCM

The last email from Prof MF Mei (Benny) 2013.07.15 for my preparation of the Education Session of the 12th CGCM meeting in Graz in 2013

Dear all,

Ed Lui’s comment is an acute one facing the globalisation of CM! I have been facing the same situation teaching British doctors and medical students from Kings, Guy’s, St. George’s medical schools. Kelvin’s PRO programme linked to biomedical outcomes and biomarkers parameters is useful in bridging TCM with evidence based medicine by producing data useful for teaching. A comparative medicine approach is necessary to introduce Chinese medical concepts and syndrome differentiation in non-Chinese speaking context. You have to get through evidence based RCT barriers by a structured analysis in comparative medical theories and convincing clinical efficacy before they respect your teaching. Research progress from our scientists on CM are also solid educational foundation! I have been introducing parallels from quantum physics and the standard model new physics to illustrate Chinese medical theories in my lectures with good response! Even in China when I lectured at the Beijing University of Chinese Medicine recently, I had an inspired enthusiastic audience!

I hope that my remarks give Ed Lui and others some positive indications of how to face their problems.

Warm regards,
Man Fong Mei
London
Sent from my iPhone
Prof Mei’s legacy persists at home

At the memorial service in London on 1st February 2014, Prof Mei’s wife, Monika (A Swiss whom Benny first met up in Spain), described him:

- “Benny was delighted and proud with our 3 children Li, Don and Han. He was a wonderful loving, caring, fun father and the guiding light who continuously encouraged the family and brought the best out in us all.”

- “Benny was my soul mate, he was my rock that helped me through bad patches. I will miss him terribly but take comfort that I was lucky enough to share so many years with such a happy, such a fulfilled, such a charismatic, and such an enlightened man.”

Prof Mei’s legacy in TCM
DIPLOMA OF CHINESE MEDICINE AND ACUPUNCTURE

CMIR's long experience in teaching Chinese medicine to Western medical professionals and its innovative teaching syllabus, combined with the academic strength of Beijing University of Chinese Medicine, form a truly unique partnership and provides an unrivalled study opportunity for students seeking academic excellence in Chinese medicine and acupuncture.

DIPLOMA OF CHINESE MEDICINE AND ACUPUNCTURE

The Diploma of Chinese Medicine and Acupuncture provides doctors and healthcare professionals with the skills they need to administer acupuncture and Chinese herbal medicine as a complementary treatment for their patients. It also demonstrates how an integrative approach when diagnosing and treating patients can often lead to a more successful outcome than looking at a condition exclusively from a Western or Chinese medicine point of view. After completing the diploma course, graduates may register with CMIR and practice Chinese medicine and acupuncture.

ENTRY REQUIREMENTS AND FEES

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